

## OstaRx (MK-2866)

OstaRx is one of the mildest SARMS out there and is one of the only SARMS to have seen a lot of human trials. Definitely one of the safest options available

- ★ **What You Can Expect From OstaRx:** OstaRx offers many benefits but is mainly used during a cut for losing weight and fat. You can expect to lose up to 5% of your body fat during an eight-week cycle with OstaRx.
- ★ **OstaRx Usage:** OstaRx is recommended for every bodybuilder out there that has no previous medical record or any medical conditions. It's a mild SARM that will not affect the natural hormones in your body. Therefore, it is recommended for beginners, intermediate and professional bodybuilders alike!
- ★ **OstaRx Dosage and Cycle:** Since OstaRx is a mild SARM, most people use it in dosages between 20 to 30mgs a day. We recommend that you start out with just 10mgs a day on your first week to see how your body will react to the compound. You should use OstaRx for no longer than eight to ten weeks and then give your body an eight week hiatus so that it can recuperate itself.
- ★ **Does OstaRx Require PCT?:** Since it is the mildest SARM out there and since it's not anabolic in its nature, OstaRx doesn't require PCT. There is one caveat, however and that is if you use it ultra-high dosages, such as 50mgs a day or more, than it might require a mini PCT cycle.
- ★ **Stacking OstaRx:** OstaRx is oftentimes stacked with Cardarine to boost it's already potent weight and fat loss properties. It's also stacked to increase the energy and stamina of the end-user during a workout. Another popular stack is the one between Ligandrol and OstaRx. Not only will you lose fat while on a cycle, but you will also gain some lean muscle because of the Ligandrol. The third stack is a triple stack between OstaRx, Andarine, and Cardarine. You can expect massive results while on this stack but it's probably better not to indulge in it unless you've already tried OstaRx on its own.

