

## What Is StenRx (SR9009)

StenRx is a molecule, or a ligand, which has the ability to attach itself directly onto another molecule.

In this instance, the molecules in question are proteins known as Rev-Erba.

Once StenRx has attached itself onto the protein molecules, it works by basically speeding up their effects.

Making them a great deal more powerful and effective than they would ordinarily have been.

The drug was created by a professor named Thomas Burris, who worked for the Scripps Research Institute.

He found that when in action, the ligand molecule in question helped to reduce blood cholesterol levels, while increasing the metabolism, speeding up weight loss, and helping to promote endurance and recovery.

Needless to say, he, and the rest of the team, we're very excited by what they found.

In skeletal muscle, the use of this drug increased skeletal muscle metabolism rates by as much as 50% which was truly quite extraordinary.

The compound resulted in an increased resting metabolic rate, which meant that, even in a sedentary state, the metabolism still increased and was burning off more calories and generating more energy than before.

During exercise, however, the metabolism was found to have increased even further.

Now, the studies were initially conducted on mice, but very similar effects were found during human use.

## StenRx (SR9009) Cycle

So, now that we've looked at what this compound is and how it works, we'll now take a quick look at how it should be used to get the most from it.

The great thing about this substance is that it can be used by itself, which means that it doesn't need to be included as part of a steroid cycle.

The benefits of this are apparent right away.

What's more, when used in this way, there are virtually no side effects whatsoever.

The compound is non-hormonal, which means that it won't negatively interfere with your regular hormones, nor will it aromatize, so you needn't worry about Estrogenic side-effects.

A typical cycle of StenRx (SR9009) is an 8-week cycle, whereby you will consume between 20mg and 30mg of this drug per day.

You should begin low in 20mg and assess your tolerance and results accordingly.

If you notice that you aren't really benefitting, then you can work your way up to 30mg.

It is worth noting that StenRx has one of the shortest half-lives of any compound or supplement used in the bodybuilding world.

Its half-life is just four hours, which means that daily dosages must be spaced out throughout the day, to ensure it remains in your system.

To ensure that you don't build up a tolerance or resistance to it, experts also recommend cycling off of the drug for 8 weeks.

## **StenRx (SR9009) Benefits**

So, we know what this compound is, we know how to take it and cycle it.

Now it's time for us to look at why you should want to use it in the first place.

After all, there are plenty of similar compounds in use in the bodybuilding community, so why is StenRx so popular?

Well, there are many reasons.

These include the following:

### **Increased Endurance**

If you want to bulk up and gain more muscle man than the Incredible Hulk, StenRx is not the supplement for you.

If however, you want to improve your stamina and endurance, then you're in luck, because it's ideal.

When it comes to endurance and stamina, the results you will see from this compound are something else. Seriously, it's very impressive.

StenRx helps to increase energy levels and stamina through a number of mechanisms.

It boosts circulation which in turn increases oxygen and nutrient transportation, which means that your cells absorb more oxygen and nutrients and that they, therefore, generate more energy.

When in your system, your aerobic fitness improves drastically because it slows the heart rate, so you aren't exerting as much energy.

Despite this, you are still generating more energy and burning off more calories, so really, you get the best of both worlds.

### **Fat Loss**

As we just hinted at above, not only does StenRx help to boost stamina and endurance, it also works to help speed up the fat loss in individuals of all shapes and sizes such as Ibutamoren Nutrobal and Cardarine.

If you're overweight, or even if you're struggling to lose a stubborn few pounds of flab from around your midsection.

That just doesn't seem to want to go away, there's a chance that you'll have tried fat burning supplements.

If you did, you probably noticed very slightly, if any, improvements.

StenRx works by improving glucose uptake levels and helping to utilize healthy mitochondria in the cells.

These are like the power packs of your cells, so the healthier and stronger the mitochondria are, the more energy your cells will produce, which means the faster your metabolism will run to meet this demand for new energy.

Studies found that StenRx could increase the metabolism by as much as 50%, even when the individual using the drug is in a rested state.

This is huge news because the faster your metabolism is running, the more calories you are burning off and the more energy you have.

As an added bonus, if you have more energy, you can work harder when exercising, which in turn will allow you to burn off even more calories and stored body fat.

It's literally win-win for anybody looking to get ripped and healthy.

### **Very safe**

Again, this compound is NOT an AAS (Androgenic Anabolic Steroid) which means that it does not produce anything near the amount of harmful side effects as those produced by steroids.

It does not Aromatize, which means that it does not convert into Estrogen, or convert testosterone into Estrogen.

This means that you don't need to worry about Gyno, or water-retention, or severe acne, or suppressed testosterone production, or unstable hormone levels.

It basically means that you get to use the compound without having to worry about doing some serious damage to your body.

### **Muscle Growth**

Okay, if you want to get jacked to all heaven, you may want something stronger.

If you simply want to build a little lean muscle mass and tone up slightly, this is a very useful supplement to have at your disposal.

If used in conjunction with a healthy anabolic diet and smart exercise regime, you can certainly gain a little lean muscle tissue while simultaneously burning fat.

One way in which it helps is simply because it gives you more energy and stamina, so you can work harder when exercising.

The more energy you have, the harder you work in the gym.

If you get tired slower, you'll be able to squeeze out those few extra reps, which in bodybuilding circles, can make a massive difference.

## **No Injections**

StenRx (SR9009) is an oral compound.

This means that it is consumed orally in tablet form.

When seasoned lifters and steroid experts think of oral compounds, they instantly think of the liver.

Oral steroids are bad news when it comes to the liver because they provide such high levels of liver toxicity.

StenRx however, is NOT a steroid nor a SARM.

This means that, when consumed, it does not cause any damage to the liver, so liver toxicity is not an issue.

As well as that, there's also the added bonus of swallowing a tablet being far easier and much less painful than jabbing a needle into your butt cheek.

It's also less seedy because swallowing a tablet looks and feels less harsh than injecting a foreign substance into your body.

There's also not the risk of an infected injection site or complications from the injection, so again, it's win-win.

## **No PCT Required**

After running a steroid cycle, sensible steroid users should always run a course of post cycle therapy or PCT short.

This is basically another cycle of drugs, but this time the ones taken are taken not to build muscle or improve the physique, but to help minimize the risk of any permanent damage from taking the steroids.

PCT is expensive and complicated, and if done wrong, can be disastrous.

Thankfully, StenRx or other SARMS like Ostarine, Testolone, and Ligandrol is not a steroid, and it is non-hormonal, which means that PCT is not needed.

Just wait 8 weeks between each cycle, and you're good to go, as long as you are taking it by itself.

SARMS OR TESTOSTERONE-ANABOLICS, WHICH IS BETTER AND HAS LESS SIDE EFFETS? ASK THE DOC

## **StenRx Side Effects**

So, if you were paying attention before, you will have noticed how we've mentioned that this compound is much, much safer than steroids and SARMS.

Does this mean that it is entirely safe?

Well, sadly not.

There's no such thing as perfectly safe in the world of bodybuilding supplementation, and if you are thinking of using StenRx to improve your physique and endurance, you need to be made aware of some of the risks and potential dangers of using this drug.

Many users of StenRx have reported the following side effects:

## **Stomach Upset**

Some users, especially those with existing digestive issues, have reported some stomach upset when using the drug.

Mild stomach cramps have been reported, along with constipation and/or diarrhea in more severe cases too.

Ideally, you should consume each tablet with a meal or snack to help improve uptake levels and reduce your risk of an upset stomach.

Other than that, there are no known side effects of this drug.

Okay, technically it is marketed as a SARM, but it is non-hormonal, which is what makes it so safe.

## **StenRx Dosage**

We've looked at a typical StenRx cycle, but just to make sure there's no confusion, we'll now refresh your memories.

In terms of dosages, you should consume 20mg – 30mg per day, for a max of 8 weeks.

The drug has a short half-life of just 4 hours, so you should consume 5mg every 4 hours.